



Love Not War

Count: 32 - Wall: 4 - Level: Beginner

Choreographer:Lene Mainz Pedersen (DK) - March 2021

Music:Love Not War (The Tampa Beat) - Jason Derulo & Nuka

Intro: 16 Counts - from heavy beat

[1-8] MAMBO R, MAMBO L, MAMBO FW, MAMBO BACK

1&2 Rock R to R side, Recover on L, Step R beside L

3&4 Rock L to L side, Recover on R, Step L beside R

5&6 Rock R fw, Recover on L, Step R beside L

7&8 Rock L back, Recover on R, Step L beside R

[9-16] STEP R FW, PUNCH R-L-R, STEP L FW, PUNCH L-R-L

1-4 Step R to R diagonal with R fist/arm fw,
punch L fist over R arm, under R arm, over R arm

5-8 Step L to L diagonal with L fist/arm fw,
punch R fist over L arm, under L arm, over L arm

(OR simply heel bounce if you can't do the arms 😊 BUT TRY)

[17-24]OUT OUT, IN IN, 1/4 L PADDLE TURN 2x

1-4 Step R to R diagonal, Step L to L diagonal,
Step R back to center, Step L beside R

***** Restart wall 8 – (3:00)**

5-8 Step fw on R, Turn 1/4 L weight on L, **(9:00)**

Step fw on R, Turn 1/4 L weight on L **(6:00)**

[25-32] SAMBA R, SAMBA L, JAZZ 1/4 R TURN

1&2 Cross R in front of L, Rock L to L side, Recover on R to R diagonal

3&4 Cross L in front of R, Rock R to R side, Recover on L to L diagonal

5-8 Cross R in front of L, Turn ¼ R step back on L,
Step R to R side, Cross L in front of R

(9:00)

ENJOY 😊

RESTART: Wall 8 after Count 20 – (3:00)

Quelle: <https://www.copperknob.co.uk>

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